

		<b>Wednesday 1</b>	<b>Thursday 2</b>	<b>Friday 3</b>
		Diced chicken w/gravy Cauliflower Diced peaches Brown rice	Diced Cheeseburger Sweet potato fries Applesauce roll	Diced Soy butter sandwich Peas Grape jelly orange slices wheat bread
<b>Monday 6</b>	<b>Tuesday 7</b>	<b>Wednesday 8</b>	<b>Thursday 9</b>	<b>Friday 10</b>
Diced Chicken Patty Corn Diced pineapple Roll Egg noodles	Diced Meatballs w/spaghetti sauce Diced Broccoli Mixed fruit Rotini noodles	Ground beef stew w/gravy Diced potatoes Mixed vegetables roll	Diced Cheese quesadilla w/Yogurt scoop Diced Broccoli Mixed fruit Tortilla Wrap	Diced Hot ham and cheese sandwich Diced Oven roasted potatoes Mixed fruit roll
<b>Monday 13</b>	<b>Tuesday 14</b>	<b>Wednesday 15</b>	<b>Thursday 16</b>	<b>Friday 17</b>
Macaroni and cheese/yogurt scoop Diced broccoli Applesauce Macaroni noodles	Diced Turkey meatballs w/gravy Green beans Diced Pineapples roll	Chicken Alfredo Mixed vegetables Orange slices Egg Noodles	Diced Turkey meatballs w/tomato sauce Green beans Peaches Spaghetti noodles	Grilled cheese sandwich Tomato soup Applesauce Wheat bread
<b>Monday 20</b>	<b>Tuesday 21</b>	<b>Wednesday 22</b>	<b>Thursday 23</b>	<b>Friday 24</b>
Goulash w/ground beef Peas Mixed fruit Macaroni noodles	Diced Chicken nuggets Diced Broccoli Applesauce Saltines	Diced chicken w/gravy Diced Cauliflower Diced peaches Brown rice	Diced Cheeseburger Sweet potato fries Applesauce roll	Diced Soy butter sandwich mixed vegetables grape jelly orange slices wheat bread
<b>Monday 27</b>	<b>Tuesday 28</b>	<b>Wednesday 29</b>	<b>Thursday 30</b>	<b>Friday 31</b>
Diced Chicken Patty Corn Diced pineapple Roll Egg noodles	Diced Meatballs w/spaghetti sauce Broccoli Mixed fruit Rotini noodles	Ground beef stew w/gravy Diced potatoes Mixed vegetables roll	Diced Cheese quesadilla w/Yogurt scoop Diced Broccoli Mixed fruit Tortilla Warp	Diced Hot ham and cheese sandwich Diced Oven roasted potatoes Mixed fruit roll

Serving Size Key			
Age	B-5 months	6-11 months	1 yr. old
Milk	4-6 fluid oz. breastmilk/formula	6-8 fluid oz. breastmilk/formula	4 fluid ounces whole milk
Cheese	n/a	0-2 oz.	1 oz.
Yogurt	n/a	0-4 oz.	4 oz.
Meat/meat alternative	n/a	0-4 Tbsp.	1 oz.
Fruits/Vegetables	n/a	0-4 Tbsp.	1/8-1/4 c. each
Whole grain-rich or enriched bread	n/a	n/a	½ slice
bread product	n/a	n/a	½ serving
cereal grain	n/a	0-4 Tbs. infant cereal or breakfast cereal	¼ c.

## May Infant-1yr Lunch Menu



### Color Code

Protein Veggie Fruit Grain

**\*Milk must be offered during breakfast\***