

		Wednesday 1	Thursday 2	Friday 3
		Soy butter Saltines	Sliced banana Diced Pretzel	Yogurt cup Pineapples
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Applesauce Graham crackers	Diced Cooked Carrots Ranch Ritz crackers	Diced turkey & sliced cheese Tortilla wrap	Sliced banana Diced Pretzel	Diced Pears Goldfish
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Orange slices Ritz crackers	Diced ham & Sliced Cheese Tortilla wrap	Diced peaches Corn muffins	Sliced banana Diced Pretzel	Vanilla pudding & milk Animal crackers
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Milk orange slices Raisin bread	Diced cooked broccoli Ranch saltines	Soy butter Saltines	Sliced banana Diced Pretzel	Yogurt cup Pineapples
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Applesauce Graham crackers	Diced Cooked Carrots Ranch Ritz crackers	Diced turkey & sliced cheese Tortilla wrap	Sliced banana Diced Pretzel	Diced Pears Goldfish

May Infant-1 yr. Snack Menu

Serving Size Key			
Age	B-5 months	6-11 months	1 yr. old
Milk	4-6 fluid oz. breastmilk/formula	2-4 fluid oz. breastmilk/formula	4 fluid ounces whole milk
Cheese	n/a	n/a	½ oz.
Yogurt/protein alternative	n/a	n/a	2 oz. or ¼ c.
Fruits/Vegetables	n/a	0-2 Tbs.	½ c. each
Whole grain-rich or enriched bread	n/a	½ slice	½ slice
bread product		0-2 crackers	½ serving
cereal grain		0-4 Tbs. infant cereal or breakfast cereal	¼ c.



Color Code

Protein **Veggie** **Fruit** **Grain**

***Milk must be offered during
breakfast***